

MEDICAL TOURISM IN KALUGA REGION

LEARN HOW TO GET MEDICAL CARE IN KALUGA REGION

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Materials prepared by

Export of Medical Services
Coordination Center Federal
Research Institute for Health
organization and informatics
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**MEDICAL TREATMENT
IN KALUGA REGION.
HOW DOES IT WORK?**

MEDICAL TREATMENT IN KALUGA REGION IS



HIGH QUALITY

High quality medical care
Meeting international
standards



THE BEST DOCTORS

Highly trained doctors,
nurses and other
medical specialists with
an international
experience



LOW COST

Medical care in
Kaluga region has an
excellent
cost-to-quality ratio



RUSSIAN CULTURE

Discover rich national
cultural heritage and
history

GETTING MEDICAL TREATMENT IN KALUGA REGION

IN THE KALUGA REGION THERE ARE OUTPATIENT MEDICAL CARE AND INPATIENT MEDICAL CARE. HEALTHCARE FACILITY SPECIALISTS WILL PROVIDE ASSISTANCE WITH CHOOSING THE TYPE OF MEDICAL CARE YOU NEED.

OUTPATIENT MEDICAL CARE

**GET YOUR HEALTH CHECK-
UP WITHIN
2-3 DAYS WHILE YOU ARE
ON VACATION**

Check a healthcare facility
website for more information

INPATIENT MEDICAL CARE

**CHOOSE A HEALTH FACILITY
ACCORDING TO THE MEDICAL
PROCEDURE YOU ARE
SEEKING AND COME TO
KALUGA REGION FOR
HOSPITAL ADMISSION**

Check a healthcare facility
website for more information

HOW TO GET MEDICAL CARE IN THE KALUGA REGION?



STEP I

Choose
a health facility



STEP II

Get confirmation
from chosen
healthcare facility



STEP III

Select type
of transportation
and
accommodation



STEP IV

Apply for
a visa



STEP V

Welcome to
Kaluga region!

STEP 1

**CHOOSE THE BEST HEALTH FACILITY
ACCORDING TO THE MEDICAL
PROCEDURE YOU ARE SEEKING**

CHOOSE YOUR RUSSIAN MEDICAL RESEARCH CENTERS

CARDIOLOGY

City clinical hospital 'Pine growth'
<http://sr40.ru/>

KLG

Kaluga regional clinical hospital
<http://kokb40.ru/>

KLG

TRAUMATOLOGY AND ORTHOPEDICS

K.N. Shevchenko Kaluga regional clinical
hospital emergency aid

KLG

<http://bsmp40.ru/>

Kaluga regional clinical hospital

<http://kokb40.ru/>

KLG

NEUROLOGY AND NEUROSURGERY

Kaluga regional clinical hospital
<http://kokb40.ru/>

KLG

City clinical hospital 'Pine growth'
<http://sr40.ru/>

KLG

OPHTHALMOLOGY

Kaluga regional clinical hospital
<http://kokb40.ru/>

KLG

INTERNAL MEDICINE

Kaluga regional clinical hospital

<http://kokb40.ru/>

KLG

A.S. Khlyustina Kaluga city clinical hospital №4

<http://4bol40.ru/>

KLG

GYNECOLOGY AND OBSTETRICS

Kaluga regional clinical hospital

<http://kokb40.ru/>

KLG

K.N. Shevchenko Kaluga regional clinical hospital emergency aid

<http://bsmp40.ru/>

KLG

CHILDREN'S HEALTH

Kaluga regional clinical children's hospital

<http://dob.kaluga.ru/>

KLG

Children's hospital

<http://detstvo-kaluga-new.ru/>

KLG

ONCOLOGY

9

Kaluga regional oncological dispensant

<http://oncokaluga.ru/>

KLG

REHABILITATION

Kaluga regional clinical hospital

<http://kokb40.ru/>

KLG

City clinical hospital 'Pine growth'

<http://sr40.ru/>

KLG

STOMATOLOGY

Kaluga regional dental polyclinic

<https://www.kosp.ru/>

KLG

Kaluga regional dental children's polyclinic

<http://www.kodsp.ru/>

KLG

ENDOCRINOLOGY

Kaluga regional clinical hospital

<http://kokb40.ru/>

KLG

A.S. Khlyustina Kaluga city clinical hospital №4

<http://4bol40.ru/>

KLG

AESTHETIC MEDICINE AND COSMETOLOGY

Kaluga regional clinical Venereal Diseases Dispensary

<http://okvd-kaluga.ru/>

KLG

STEP II

CONTACT A SPECIALIST FROM YOUR CHOSEN HEALTH FACILITY TO DECIDE ON THE FORM OF MEDICAL TREATMENT YOU NEED AND FOR PREPARING DOCUMENTS FOR YOUR VISIT TO KALUGA REGION

1. CHECK THE SECTION "MEDICAL TOURISM" ON THE HEALTH CARE FACILITY WEB-SITE

2. READ THE INFORMATION

3. MAKE A REQUEST THROUGH A PHONE CALL OR EMAIL

4. GET A CONFIRMATION FOR TREATMENT AND FOLLOW THE INSTRUCTIONS TO APPLY FOR A VISA

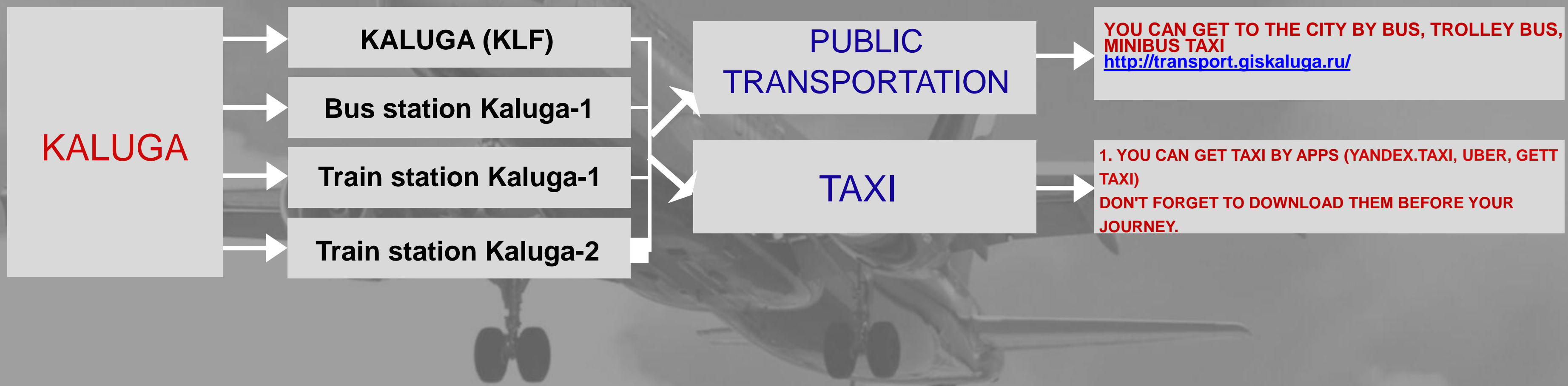


**If you have any questions do not hesitate to contact
Export of Medical Services Coordination Center**

STEP III

**SELECT THE BEST TYPE OF TRANSPORTATION
AND ACCOMMODATION**

TRANSPORTATION



KALUGA

KALUGA (KLF)

Bus station Kaluga-1

Train station Kaluga-1

Train station Kaluga-2

**PUBLIC
TRANSPORTATION**

TAXI

**YOU CAN GET TO THE CITY BY BUS, TROLLEY BUS,
MINIBUS TAXI**
<http://transport.giskaluga.ru/>

**1. YOU CAN GET TAXI BY APPS (YANDEX.TAXI, UBER, GETT
TAXI)**
**DON'T FORGET TO DOWNLOAD THEM BEFORE YOUR
JOURNEY.**

TRAVEL APPs

to download before your trip

FOR IOS and ANDROID

Public transportation and car rental (car sharing)

1. Bus, trolleybus,
minibus:
Yandex.Transport
2. City maps:
2GIS
3. Car rental (car
sharing): **Bookingcar**

City maps

1. Russian city maps:
Yandex.Maps
Google maps
2. Off-line Russian city
maps:
2GIS

Attractions in Russia

1. City guide Apps:
TopTripTip, 2GIS
2. Restaurant guide App:
**TripAdvisor, Afisha
restorant**

ACCOMMODATION



ACCOMMODATION OPTIONS IF YOU
ARE COMING FOR OUTPATIENT ADMISSION

<https://www.booking.com/>

<https://www.tripadvisor.com/>

<https://www.airbnb.com/>

<https://kaluga.cian.ru/snyat-kvartiru/>

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip.



ACCOMMODATION OPTIONS IF YOU
ARE COMING FOR INPATIENT ADMISSION

Contact a specialist from a health facility for information about your accommodation. Please do not forget to do it in advance.

STEP IV

APPLY FOR A RUSSIAN VISA

WHAT TYPES OF RUSSIAN VISAS ARE THERE?*

TOURIST

PURPOSE OF VISIT:
TARGET TOURISM

The period of validity: up to 30 days

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

BUSINESS

PURPOSE OF VISIT:
MEDICAL TREATMENT

The period of validity: up to 90 days

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care).

PRIVATE

PURPOSE OF VISIT:
SPECIAL CASES

The period of validity: up to 90 days

For those who travel to Russia for emergency medical treatment or to visit a sick relative.

Help with processing documents for entering Russia



GETTING AN OFFICIAL INVITATION

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Russia in order to register your migration.



APPLYING THROUGH TRAVEL AGENCIES OR TRAVEL ASSISTANCE COMPANIES

In case you need additional help with applying for a Russian visa, you can contact travel agencies or travel assistance companies.



STEP V

WELCOME TO RUSSIA!

EMERGENCY TELEPHONE NUMBERS

USEFUL AND EMERGENCY TELEPHONE NUMBERS

EMERGENCY

FEDERAL
MIGRATION SERVICE
OF RUSSIA

POLICE

112

8 (800) 350 23 69
*** 381**

112

CONTACT INFORMATION

Export of Medical Services Coordination
Center

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